

IN ALL DIRECTIONS

A getting lost path meant as adventure

by Stefania Migliorati

Materials for the walk:

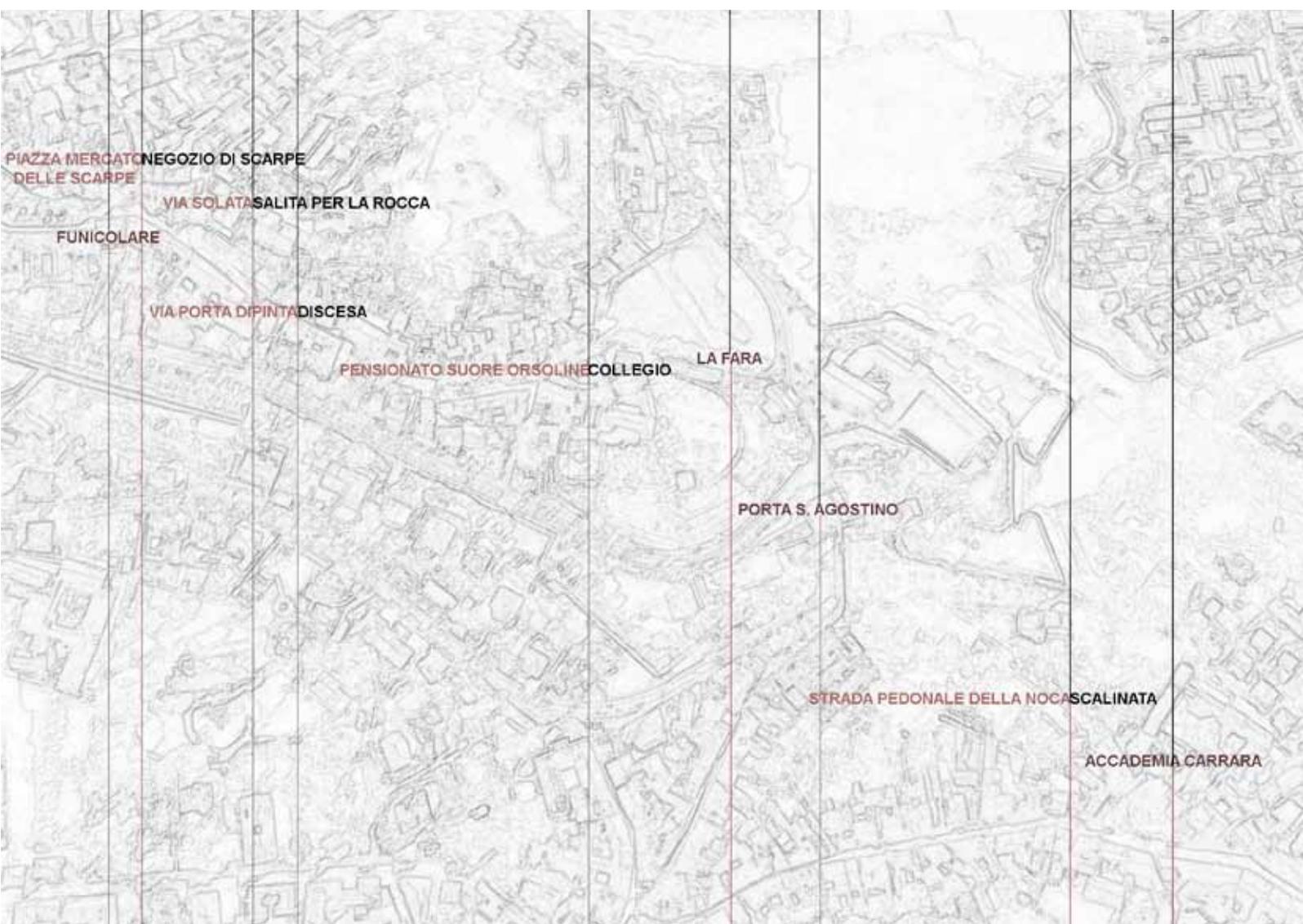
directions

blank paper

pen/pencil

camera/mobile phone

cable to upload the images on the computer



DIRECTIONS

During the exercises document your route (both by drawing a map  and by using a camera ) , the points of reference you form along the way as well as the people you meet and interact with. At the end of the walk, please post everything to the project Facebook page (<https://www.facebook.com/pages/In-all-directions/511026429008686>) to share your perceptions with others who have decided to participate in this project.

Have a nice walk!

1. **Start a map (defining a center):**

mark your starting point on a sheet of white paper and then take the street to your right.



2. **Measure space using your own body (relationship between body and environment):**

start walking and count off 50 steps in any direction you like. Mark the starting and end point on your map.



3. **Explore (getting lost):**

take the first street you have never walked down before until you find something or someone that surprises you. Document it.



4. **Intervene (getting involved):**

during your walk, build a pile of any height from 1 cm to infinity using materials you find along the way.



5. **Interact (the local mind):**

continue along your route and take first street you find on the left. Write down the name of the street, enter a bar (or other business) and ask the bartender if they know the origin of the street's name or nickname of people living in the neighborhood.



6. **The mental map (documenting associations):**

take a pen or a pencil in a different color and add your mental map to the topographical one you have created. That is, map your mental associations of the route you have traveled today. For example, did you pass by a friend's house, or address you used to live at or your dentist's office? Add all of these associations that shape and form your idea of the city.



7. Photograph your map.



8. Please visit the project Facebook page <https://www.facebook.com/pages/In-all-directions/511026429008686>. Post your images, comment on your experience and feel free to explore and comment on other people's maps and images.

Or email all of your images to miglioratifefania@gmail.com

Everyone's maps and images will be posted on the project's Facebook page.